

Shannon Babe-Thomas

Instructor

Shannon Babe-Thomas has studied dance for over 25 years and has been an instructor and choreographer for the past 12 years. Shannon began dancing at the age of 4 at Bettie Jane's Center of Dance Art and then before college she studied at Dance Unlimited in Frederick, MD. Shannon continued her dance training as a dance major with an emphasis in ballet at Towson University. Throughout her years of training, Shannon has studied ballet, tap, jazz, lyrical, modern and contemporary dance. After graduating from Towson, Shannon began teaching at a small studio in Brunswick, MD before moving to Urbana Dance in Urbana, MD when it opened in 2003. In addition to teaching at studios, Shannon has had the opportunity to help with choreography for pageants, conferences, fashion shows and school dance teams. Shannon was able to share her love of dance through competing in the Miss Maryland pageant as Miss Western Maryland 2000, Miss Frederick 2001 and Miss Monocacy 2002. As Miss Frederick, Shannon brought dance to children living in shelters. In addition to her dance training, Shannon has taken master classes with world-renowned dancers such as Frank Hatchett, Mia Michaels, Sara Jo Fazio, Derek Mitchell and Jo Rowan and she participates in Regional and National Dance Workshops every year. She also attends classes at Joy of Motion in Bethesda, MD. Shannon always loves sharing her passion for dance with the students at Urbana Dance.

Shannon's areas of instruction include jazz, ballet, tap, character and lyrical.